



## Devalila Yoga Teacher Training

*Holding True to the Roots of Yoga as a Practice of Self-Awareness*

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[www.yogaatyourwall.com](http://www.yogaatyourwall.com)

### Yoga Teacher Training 2020 Application

Print and mail to me, or send as attachment via email to  
[stefanipappas@hotmail.com](mailto:stefanipappas@hotmail.com)

CHECKS MADE TO: DEVALILA YOGA, LLC

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Email \_\_\_\_\_  
Website \_\_\_\_\_  
BIRTHDAY \_\_\_\_\_  
Phone(H) \_\_\_\_\_  
Cell \_\_\_\_\_  
Work \_\_\_\_\_  
Occupation \_\_\_\_\_  
Children \_\_\_\_\_

Referred By: \_\_\_\_\_  
Education Level Completed \_\_\_\_\_

**What is your experience with yoga, meditation or breathing techniques?**

**What do you hope to gain from this training aside from being certified?**

**Why would you like to be a yoga teacher?**

**Do you have a daily practice, and if so what is the average duration and content?**

**What draws you to this training program?**

**What other types health, psychology, anatomy, or transformational workshops/classes have you completed or attended?**

**Are you on any medications?**

**The training is one of deep self-exploration and reflection. What may be the obstacles, if any, that would prevent you from completing this program?**

**Is there anything you would like me to know about you as it relates to this training program?**

**Do you understand that to fulfill yoga alliance contact hours you must attend all sessions, and if not, make up hours in private/semi private at flat half off fee of \$150? There will be one complimentary make up day toward end of training, date TBD to make up 7 hours.**